



ERA Pre-Conference Programme

Joining Instructions:

You can access the Emerging Researchers in Ageing Pre-Conference with the Zoom link below. We will use this link throughout the day. Whenever you sign off for one of the 'offline breaks', please re-join us with the same link. You will only need a new Zoom link to access the ERA social in the evening (ERA social joining instructions on page 7).

Join Zoom Meeting

<https://bristol-ac-uk.zoom.us/j/97489674798?pwd=TXJvY3l3WS9Mc08yeE0rWlpNdVNMUT09>

Meeting ID: 974 8967 4798

Passcode: 924633

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9:00 Welcome by BSG President (Prof Thomas Scharf) and Outgoing ERA Chair (Dr Matthew Lariviere)

9.15 Presentation Session 1

Theme: Wellbeing and Health (Session Chair: Heather Mulkey)

1. Dr Aled Singleton, A methodological 'bricolage' for our times? Walking interviews, group tours and outdoor performances
2. Dr Dora Jandric, Imagined Futures of Older Same-Sex Couples in Scotland
3. Lisa Davison, What determines caregiver loneliness, and how does it differ from non-caregivers?



4. George Collett, Health Perceptions in British Nuclear Test Veterans
5. Dr Rebecca Hadley, A mixed-methods valuation of an online mindfulness-based programme for people with Parkinson's.
6. Dr Busisiwe Chikomborero Ncube Makore, The hedgehog and fox: Researching urban ageing in the Global South

10.15 BREAK

10.30 Keynote Address

Professor Shereen Hussein, BSc, MSc, PhD (LSHTM)

“Emergent Future Opportunities and Challenges for British Gerontologists Within a Global Context”

Shereen Hussein is a Professor of Health and Social Care Policy at the London School of Hygiene and Tropical Medicine. She is an established multi-disciplinary research leader with extensive social care and health research experience working primarily with policymakers in the UK and internationally. Her background is in medical demography, statistics and computer science. Shereen is a Co-Director of PRUComm, focusing on health and social care systems and commissioning. Shereen collaborates with prominent international policy stakeholders, including the United Nations, the World Health Organisation, the Population Council and the World Bank. Over her career, she has acted as an expert advisor to various OECD and Middle-income countries to develop ageing and dementia policies and plans. Shereen leads an extensive research portfolio and has recently established a unique GCRF-funded research network specific to policy and practice development for healthy ageing in the Middle East and North Africa (www.menarah.org).

11.30 Offline Break

13.00 Networking Lunch

Miss meeting new colleagues while queueing for soggy sandwiches? Have your lunch online! We will open breakout rooms so people have the chance to talk to other ECR



gerontologists. Use the same Zoom link as for the normal sessions, then choose a breakout room of your choice! (NB: Soggy sandwiches not provided).

14.00 **Presentation Session 2**

Theme: Housing, Environment, And Technology (Session Chair: Alison Benzimra)

1. Stephanie Green, Building on the past: Creating a sustainable landscape for older adult residential care services in the UK, taking an intergenerational approach.
2. Hannah Cross, Barriers and Facilitators to The Use of Hearing Rehabilitation for Care Home Residents with Dementia: A Systematic Review
3. Miranda Quinney, Adapting to life in an Extra Care Living Scheme in Wales during Lockdown, Summer 2020
4. Elizabeth O'Donnell, Care home staff experiences of managing responsive behaviour, associated with dementia during the COVID-19 pandemic
5. Helen Brown, A home for life? Understanding housing aspirations of older homeowners
6. Sandra Flynn, Bridging the age-based digital divide: an intergenerational exchange during the Covid-19 pandemic lockdown period in Ireland
7. Sangeetha Manohoran, Immersive virtual reality and wellbeing
8. Rachel Knight, Moving Together: Increasing Physical Activity in Older Adults and Children with a Technology-Based Intervention. A Feasibility Study

15.30 **BREAK**

15.45 **Panel and Discussion**

“Developing future leaders of gerontology” (Session Chair: Dr Matthew Lariviere)

Panelists: Dr Rachael Frost, Professor Norah Keating, Dr Amy Murray, Dr Ossie Stuart

Dr Rachael Frost, Senior Research Fellow, Centre for Ageing Population Studies, Department of Primary Care and Population Health, UCL. Rachael completed her PhD in 2016 looking at adherence measurement in rehabilitation, and has worked at UCL since



2015 on a variety of mixed methods projects related to ageing and health promotion, mental health in later life and dementia. Her current areas of research interest focus upon maintaining health and quality of life in older adults, particularly those who are becoming frailer, and she is part of a UK-Brazil frailty research collaboration. Rachael's BSc was in Herbal Medicine and she is also interested in the use of complementary therapies in later life. She co-leads Patient and Public Involvement in her department and is the incoming treasurer for the BSG executive committee.

Prof Norah Keating, Swansea University, University of Alberta, Northwest University (South Africa). Professor Norah Keating is a social gerontologist whose theoretical and empirical research has created evidence, challenged discourses, and influenced policy in global, social, and physical contexts of ageing. She has placed this work on the international stage through the Global Social Issues on Ageing which fosters collaboration and critical thinking about ageing at the interfaces of regional issues and global trends. Professor Keating holds academic appointments in 3 world regions: University of Alberta, Canada; Swansea University, UK; North-West University, South Africa. She is a fellow of the Canadian Academy of Health Sciences, The Gerontological Society of America, and the UK Academy of Social Sciences. In 2017 she was awarded the International Association of Gerontology and Geriatrics Presidential Award for the global reach of her international work.

Dr Amy Murray, Swansea University. Dr Amy Murray is a Research Officer within the Centre for Ageing and Dementia Research (CADR), Swansea University. Amy completed her PhD in Gerontology & Ageing Studies in September 2019, which explored the process of driving cessation in later life. Amy's research interests centre around later life transitions, including; mobility and transport, retirement and older workers, loneliness and isolation, and informal support networks. Prior to, and within her current role, Amy has worked with a number of key organisations, including the Campaign to End Loneliness, the International Longevity Centre, the Welsh Government, and the Older Peoples Commissioner for Wales. Some of Amy's other duties include teaching and supervising undergraduate and postgraduate students, involving and engaging older people in research and other activities, and co-ordinating a mentor scheme for the BSG ERA committee.



Dr Ossie Stuart. Ossie is a Social Care Institute for Excellence trustee and also a disabled person. Previously a historian at the universities of Oxford (St Antony's College), York and Surrey, he now provides advice and guidance to public sector organisations on equality and diversity. He is also a recipient of social care services via a direct payment. This enables him to employ his own Personal Assistants to assist him remain in control of his life.

17.15 Election of new officers and closing remarks.

<u>Chair candidates:</u>	<u>Mentor Coordinator candidates:</u>
<ul style="list-style-type: none"> • Lisa Davison • Christoph Heuser • Ellis Johnson • Arlind Reuter • Sam Toolan 	<ul style="list-style-type: none"> • Lisa Davison • Christoph Heuser • Ellie Johnson • Miranda Quinney

Candidate Statements:

Lisa Davison (Chair or Mentor Coordinator candidate). I have always found events provided by ERA extremely useful: training on publication and posters, for example. However, my ambitions for joining the ERA committee are to expand that provision wider than an academic context. I would like to help ECRs build networks outside of academia, introduce learning about methods such as co-production, and collaborative working with industry and the third sector. With the ever-growing focus on impact, it is highly relevant for ECRs to understand different pathways to impact, and while academic publication remains important, organising knowledge exchange and collaboration events are other valuable ways to conduct impactful research.

Christoph Heuser (Chair or Mentor Coordinator candidate). As an emerging researcher myself, I understand the importance of being part of a network of researchers, practitioners, and lecturers. Thus, I would be keen to raise awareness of the value of ongoing gerontological learning and the sharing of research across disciplines, across health and social care professions. Furthermore, I would also be keen to enhance the participation of emerging researchers through journal clubs, where early-career academics can discuss papers and share research ideas in a supportive environment, whether they be substantive, methodological, theoretical or on policy. Facilitating



such engagement, face-to-face and remotely, is essential for tomorrow's researchers and practitioners.

Dr Ellie Johnson (Chair or Mentor Coordinator candidate). I am a sociologist and former care worker whose research concerns ageing, social care, inequality, care work, and social/public policy. Becoming the Incoming Chair of the BSG's ERA executive committee would allow me to pursue my passion of advancing knowledge about ageing and later life through research as well as improving the experiences of ECRs and practitioners in ageing. I have lots of administrative experience (especially with organising conferences), and I am enthusiastic about communicating and collaborating with others to support and advance opportunities for emerging ECRs, for example, by organising writing retreats, journal clubs and workshops. Thanks for reading!

Arlind Reuter (Chair candidate). I have been an ERA member for 3 years and am currently in the final stages of my PhD project. After the submission, I hope to contribute more of my energy to ERA and give back some of the support I received in the past. Working in an interdisciplinary and participatory research space, I want to bring my skill of community building to the ERA committee by organising creative and fun events (online and hopefully in-person), at which we can come together over shared professional interests but also meet each other informally and connect further as a community.

Miranda Quinney (Mentor Coordinator candidate). I see joining the ERA team as an opportunity to make a positive contribution to the practice of emerging gerontologists at a time when this is increasingly important. The mentor co-ordinator role is one which I am particularly interested in given my recent personal experiences as a mature student with little recent experience in the world of academia. My mentors helped me to understand both practical processes and the value of my work.

More broadly, I would also bring with my previous work experience including marketing and event management which might be useful to the ERA team

Sam Toolan (Chair candidate). I am excited to apply for this role on the basis that my involvement would (1) strengthen the work of the Committee concerning cultural gerontology and (2) explore and develop means and mechanisms by which early researchers in ageing would gain routes to publication of academic and grey literature.



17.30 OFFLINE BREAK

19.00 ERA Social and Quiz

Join the ERA committee for a short quiz and the chance to talk informally with other ECR gerontologists.

Join Zoom Meeting

<https://bristol-ac-uk.zoom.us/j/98941200346?pwd=TWRaNIlvTy9CRStxdTZ4QVBmT1B4QT09>

Meeting ID: 989 4120 0346

Passcode: 430186

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The ERA Committee

Heather Mulkey, Chair

Heather Mulkey is a Doctoral Researcher at the University of Southampton. Her MSc in Gerontology explored End-of-Life Decision-Making. She was subsequently awarded a Vice Chancellor's Scholarship to pursue PhD studies. Her doctoral work employs Qualitative Longitudinal Research to understand Late Life Decision-Making. She has presented her work at The BSG Conference and the British Society of Population Studies Conference. She is currently a Teaching Fellow at the University of Southampton where she is a co-convenor of the Ageing, Health and Well-being module.

She previously worked in marketing and recruitment for international schools in the UK, Switzerland and the Middle East and has previous experience in financial management, public relations and communications in the United States. She also holds Master of Arts degrees in Music and Creative Writing.



Dr Matthew Lariviere, Outgoing Chair

Dr Matthew Lariviere is Lecturer in Social Policy in the School for Policy Studies at the University of Bristol. Matthew is a social anthropologist whose teaching, research and scholarship examines the sociomateriality of digital technology and AI within futurities of care and ageing. From 2018 – 2021, he held an ESRC Innovation Fellowship in the Centre for International Research on Care, Labour and Equalities at the University of Sheffield. In 2020, Matthew received a New Research Pioneers Award in recognition for this research on emergent technologies to support ageing in place awarded by the N8 Research Partnership, a consortium of the eight most research-active universities in the North of England.

Deeply committed to interdisciplinary and non-academic engagement, Matthew has presented his work to academics, policy and practice partners, and the public across the UK, Europe, Australia, and North America. He is the Chair and EU representative for IDIH Global's Inclusive Living Expert Group, an international consortium and fora for digital technology and healthy ageing, and a Co-Convenor of the European Association of Social Anthropologists' Age and Generations Network.

Since January 2020, Matthew has been the Reviews Editor for the *International Journal of Care and Caring*. He regularly reviews for multiple peer-reviewed journals on topics related to ageing, digital health, and care.

Matthew is an elected Fellow of the Royal Anthropological Institute and an Associate Fellow of the Higher Education Association.

Dr Lucy Szablewska, Secretary

Lucy Smout Szablewska is a social researcher interested in the everyday politics of ageing over the life course, and in bridging the gap between research and policy-making. She is currently working as a part-time postdoctoral research assistant on two research projects on visual art and public health in the Department of Geography at Durham University.

During her earlier career she worked as an English language teacher and project co-ordinator in Greece and Zimbabwe, and since 1994 in a variety of formal and freelance roles in the communications and social enterprise sectors in North East England.



Between 2012 - 2019 she undertook a part-time PhD in the Department of Geography, Durham University. It examined the linked lives of Polish worker-carers in North East England and their families in Poland, and makes the case for understanding the significance of population ageing and valuing the role of unpaid care labour in migration research.

She became interested in ageing during her doctoral research - and also enjoyed talking to other early career researchers. The ERA committee is a really nice opportunity to further both those interests, support the BSG and challenge herself to do new things - such as live-tweeting ERA events.

Alison Benzimra, Treasurer

Alison Benzimra is the Foundation Manager of the Whiteley Foundation for Ageing Well. In her role, she manages a variety of qualitative and quantitative research projects with several academic institutions. She completed her MPhil in Inclusive Innovation at the University of Cape Town's Graduate School of Business. Her research explored the experiences of older beneficiaries of pension fund schemes and private healthcare companies for the development of a comprehensive healthy ageing programme. Alison's research interests include the synergy between healthy life expectancy and socio-economic status and innovative business models in the provision of care and support in the social care context. Alison is passionate about capacity building and strengthening the connections between policymakers, practitioners and researchers within the ageing sector.

Dr Amy Murray, Mentor Coordinator

Amy Murray is a Research Officer within the Centre for Ageing and Dementia Research (CADR), Swansea University. This position followed the completion of her PhD in Gerontology & Ageing Studies, in September 2019. Her PhD explored the process of driving cessation in later life, amongst older adults and their informal support network members.

Prior to embarking on her PhD, Amy completed her BSc in Social Policy & Criminology, and MSc in Gerontology & Ageing Studies, both at Swansea University. Alongside her studies, Amy previously worked for the Department for Work and Pensions, as a State Pension Advisor, changing to a Bereavement Officer in the latter part of her employment.



Previous employment has involved working as a Research Officer for a creative regeneration organisation, as well as working for the Department for Work and Pensions as a State Pension advisor.

Amy has a number of research interests, largely centred around later life transitions. These include; mobility and transport in later life, retirement and older workers, loneliness and isolation, and informal support networks.

Prior to, and within her current role as Research Officer, Amy has been commissioned to work with a number of organisations on ageing-related projects, included the Campaign to End Loneliness, the International Longevity Centre (ILC UK), the Welsh Government, and the Older Peoples Commissioner for Wales. Some of Amy's other duties include teaching and supervising undergraduate and postgraduate students, involving and engaging older people in research and other activities, and co-ordinating a mentor scheme for the BSG ERA committee. Amy is also the Editorial Assistant for the Journal of Transport & Health.

Dr Carol Maddock, Outgoing Mentor Coordinator

Carol is a Research Officer based in the Centre for Innovative Ageing (CIA) currently working on the Active Building Centre (ABC) project. This project aims to combine solar and low/zero carbon technologies with building design and our centre is supporting the project to examine the impact of Active Builds on older people. Carol has a particular interest in public involvement and engagement in the research process. Carol also has an active role in the SUNRISE project (Strategic University Network to Revolutionize International Solar Energy and was involved in piloting arts based approaches to involvement and engagement in India. Carol was awarded her PhD on the role of social support networks in the dementia literacy of older adults in Wales in 2020 and is active whenever possible in CADR activities around this topic.